

## Synopsis: Individual Strengths Development. Strengthscope profile and 1 to 1 debrief

<p>Outline</p>	<p>Strengthscope® is a psychometrically robust assessment tool that provides comprehensive measurement of an individual's strengths and the extent to which these are productively applied at work.</p> <p>After completing your profile, you will then have a one hour 1 to 1 debrief of your profile via Zoom with one of our experienced coaches.</p>
<p>Objectives</p>	<p>Understand your strengths and weaknesses. Learn how to use your strengths to best effect and minimise the risks around your weaknesses.</p> <p>Creating opportunities to increase or improve your:</p> <ul style="list-style-type: none"> <li>• Productivity</li> <li>• Motivation</li> <li>• Focus</li> <li>• Engagement</li> <li>• Improve your communication</li> <li>• Support high quality problem solving</li> <li>• Increase your self-awareness and impact</li> <li>• Confidence</li> </ul>